Design a cross-platform tool to help tutor teenagers in healthy habits

# Recruit interview participants for your portfolio project

**Interview goals**

To understand what the user wants and what his motivation is when using a tutor for habits. Also to understand what are current users’ habits and how to help a user accept new habits.

**Interview questions**

1. What are your current habits? What are healthy habits for you?
2. What is your motivation for healthy habits?
3. What are the challenges when deciding to begin with healthy habits?
4. How much habits is the right amount at one time to proceed with?

**Target participants characteristics**

* age 14-19
* lives metropolitan or suburban area
* include participants with different abilities
* include participants with different gender